

Declaration

I understand that as a participant in the BIG Sleep Out I am doing so under my own free will.

I understand that the rules and guidelines of the sleep out are in place to minimise risk to participants and I undertake to participate within the rules and regulations of the BIG Sleep Out .

I undertake to behave within UK law at all times during the sleep out and to behave in a respectable manner towards fellow participants, organisers, volunteers and members of the public.

I have read and agreed to the above and have filled the booking form out correctly and to the best of my knowledge.

I would like to take up a place for BIG Sleep Out and enclose a £10.00 non refundable deposit payable to Wycombe Winter Night Shelter Christian Trust.

I commit to raising a minimum of £50.00 (£10.00 deposit being part of that amount) and will set up a fundraising page by clicking on the following link: www.wwns.org.uk/donations.php

Signed _____

Date _____

Please return this form **by 5th July 2010** to Jenny Rooke at

Wycombe Winter Night Shelter

Oakley Hall, 8 Castle Street

High Wycombe

Bucks HP13 6RF

Volunteer Stewards

If you do not wish to participate but are willing to be a steward for part of the event please call the office on 01494 447699 or email jennyrooke@wns.org.uk



wycombe
museum



Big Sleep Out

Saturday 10th July 2010
Wycombe Museum Garden

Wycombe Museum has, over the last few years, run a successful art project for our guests at the shelter each year. As part of its commitment to our work, the Museum has kindly agreed to host a BIG Sleep Out in its garden.

It will be held on Saturday 10th July from 8.00pm in the evening until 7.00am the next morning and we are looking for people who are willing to sleep out all night to raise funds for Wycombe Winter Night Shelter.

Are you up for a challenge?

We are keen to find a maximum of 50 people, who would like to do something different by experiencing sleeping out, raising awareness of the plight of those who are homeless and raising much needed funds for our work.

Please read all the details in this pack to find out more and if you want to take part please fill in the attached booking form.



How it will run

We will arrange an area within the Museum Gardens for the Big Sleep Out. Stewards will provide hot food and drinks and be around all night to ensure safety and security. There will be entertainment laid on and a cooked breakfast the next day.

However this is not a camping event!! You will **not** be able to bring tents or mats.

We really want you to experience what it's like to sleep rough. You will need to provide cardboard boxes, plastic sheeting, blankets, covers, sleeping bags.

Anything you can find to make yourself warm and waterproof. Remember to wear warm and waterproof clothes and loads of layers, depending on the weather of course!



Best Box Competition

We will have a competition to create the best outdoor box to sleep in. It needs to be warm and waterproof and will be judged by one of our guests, who has really experienced sleeping rough. And there is a real incentive to create a best box! The winning box will receive a month pass to the Quad Club kindly donated by the Crowne Plaza at Marlow.

Next steps

We need people to register and pay a £10 non refundable* deposit. We will then send you an information pack about the night, including a set of rules.

You must be over 18 years to take part.

You will need to arrive at the event by 8.00pm and remain at the event until 7.00am the next morning.

You must also agree to set up an online fundraising page for WWNS and commit to raise a minimum of £50.00 for the event.

*The deposit is non refundable if you decide you no longer wish to participate for whatever reason. In the event that the sleep out is cancelled by the operating organisation full refunds will be available from Wycombe Winter Night Shelter.

BIG SLEEP OUT BOOKING FORM



You need to complete the form below and return to Jenny Rooke at Wycombe Winter Night Shelter, along with your £10 deposit. We are limited to 50 places for the event so you need to get your booking form to us as soon as possible, **the deadline for registration is Monday 5th July at 5pm.** Once we have received your booking form we will send you a pack, explaining everything you will need to know about the event.

Name _____

Address _____

Post code _____

I am over 18 years(tick box)

Email address _____

Telephone Number _____

Emergency contact details

Next of Kin Name _____

Next of Kin Contact Number _____

The following disclosure section is compulsory; however anything you declare will be treated in the strictest confidence.

Are you registered disabled? Yes/No (If Yes Please give details below)

Do you have a medical condition we should be aware of? Yes/No

(If yes please give details below)

Please turn over

Charity Number 1131541

